

# Goal Setting Worksheet

## Getting Started

1

Am I a seeker?  yes  no

Do I utilize the resources that are currently available to me?  yes  no

Do I daily spend time investing in my spiritual life?  yes  no

Do I attend a small group?  yes  no

I read \_\_\_\_\_ hours each week.

I watch \_\_\_\_\_ hours of television each week.

Do I utilize time in the car to listen to developmental programs?

yes  no  occasionally

When is the last time I bought or checked out a book? \_\_\_\_\_

Is my video library larger than my personal library?  yes  no

When I am faced with difficulty, do I seek relief or solutions? \_\_\_\_\_

Do I search for advice from qualified people as much as I search for people to bail me out?

yes  no

Do I avoid people who give me the advice I do not like?  yes  no

Do I qualify advice by my point of view or the Word of God? \_\_\_\_\_

### Preparation: The First Step

*A journey of 1000 miles starts with a single footstep!*

*"But seek ye first the Kingdom of God and His righteousness and all these things will be given to you as well." Matthew 6:33, NIV.*

**G** \_\_\_\_\_ **O** \_\_\_\_\_ **A** \_\_\_\_\_ **L** \_\_\_\_\_ **S** \_\_\_\_\_

How does the Kingdom of God factor into my goals? \_\_\_\_\_

\_\_\_\_\_

How does righteousness fit into my goals? \_\_\_\_\_

\_\_\_\_\_

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2

### Who will help me?

“...follow the example of those who are going to inherit the promises of God...” Hebrews 6:12, NLT

What development do I need first?     Attitudinal     How to     Resources

Do I have a book I can read?     yes     no

Are CDs available that could teach me?     yes     no

Is there a class I can take?     yes     no

Is there someone that could help my personal development?     yes     no

### How will I select a mentor?

- Place a (-) by the areas where my “mentor” is experiencing lack.
- Place a (+) by areas where my “mentor” is experiencing success.
- Place a (?) by areas that are questionable.

Does this person really qualify to be my mentor?

yes     no

What will I do first? \_\_\_\_\_

When will I do it? \_\_\_\_\_

Why have I chosen that time to start? \_\_\_\_\_

How much daily time will I give to my personal development? \_\_\_\_\_

When will I do this?     Morning     Lunch     Early Evening     Just Before Bed

I have solicited the cooperation of all my family members?     yes     no

What do I plan to do today? \_\_\_\_\_

### 8 Things Everyone Wants

1. Health
2. Happiness
3. Reasonably Prosperous
4. Safety and Security
5. Friends
6. Peace of Mind
7. Family Relationships
8. Hope that things will be better



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*“Even if you’re on the right track, you’ll get run over if you just sit there.”*

*~Will Rogers*