

# Goal Setting Worksheet

## My Strategy

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What are my Goals? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Accomplishment Date: \_\_\_\_\_

*“It’s a cinch by the inch, but hard by the yard.” ~Unknown*

### Milestones:

30 Day Milestone \_\_\_\_\_  
60 Day Milestone \_\_\_\_\_  
90 Day Milestone \_\_\_\_\_

Do I have a strategy?  yes  no

Am I committed to utilizing the resources that are currently available?

What resources will I use?

- Books
- Classes
- Small Groups
- Developmental Programs
- Who will be my mentor? \_\_\_\_\_

What help do I need? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Where can I find the help I need? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

*“The Goal is not as important as the person you become in the process.”  
~Dr. James B. Richards*

*Continued on back* ➡

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Have I bought or checked out a book?  yes  no

Am I committed to the process?  yes  no

What will I do when set-backs occur? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Who do I intend to become in the process of fulfilling my goals? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

How much daily time have I given to my personal development? \_\_\_\_\_

When am I doing this? \_\_\_\_\_

Is that time working for me?  yes  no

I have solicited the cooperation of all my family members?  yes  no

What do I plan to do today? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Can I see myself fulfilling the goals I have set?  yes  no

Will I commit to seeing myself fulfilling these goals everyday?  yes  no



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*“Destiny is not a matter of chance; it is a matter of choice. It is not something to be waited for, but rather something to be achieved.”*

*~William Jennings Bryan*